

January 2, 2020

Dear Principal, P.E. Instructor, or *Fit For Bloomsday* Coach:

Happy New Year from Bloomsday!

Here at Bloomsday we always like to think that Spring is right around the corner. And with Spring that means our *Fit For Bloomsday* program will be in full swing at your school.

The *Fit for Bloomsday . . . Fit for Life* program was started in 1986 and has grown in popularity every year since. In 2019, we had approximately 7,000 area elementary school children participate. It is a great thrill for Bloomsday to see children being active and pursuing fitness goals.

We hope that your school is planning to participate this year. We are proud to announce that CHAS Health will continue as the program's presenting sponsor.

Once again, Bloomsday is offering all the materials your school will need for the program, including training guides for coaches, school posters, charts for recording progress, and individual awards and rewards for students. Your contribution is providing the necessary leadership to make this year's program a success.

A registration/coach's T-shirt order form is enclosed. A quick reply (**by January 24th**) will ensure that you and your school receive all the T-shirts and materials for a successful program. If your school has not participated in *Fit for Bloomsday* in the past, but would like to know more information, please contact me or call the office at (509) 838-1579. We look forward to your participation!

Jon Neill, Race Director
jon@bloomsdayrun.org

DATES TO REMEMBER:

- ◆ By January 24: Return enclosed registration/order form to Bloomsday.
- ◆ February 20: Coaches Meeting at Bloomsday Office—1414 N. Belt St. (3:45 pm)
- ◆ February 24: Ten-week training program begins.
- ◆ Saturday, April 11: JR. BLOOMSDAY at Avista baseball stadium
- ◆ Saturday, May 2: MARMOT MARCH
- ◆ Sunday, May 3: LILAC BLOOMSDAY RUN

"FIT FOR BLOOMSDAY...FIT FOR LIFE"

Presented by CHAS HEALTH

2020 SCHOOL REGISTRATION FORM AND COACHES' T-SHIRT ORDER FORM

To guarantee a coach's T-shirt this form must be returned no later than Friday, January 24, 2020

Please fill out this form and email/scan or mail to:

<p>Fit for Bloomsday 1414 N. Belt St. Spokane, WA 99201-2812 Email: arleatta@bloomsdayrun.org</p>

Yes, our school wants to be a 2020 "Bloomsday Training School". We will carry out a safe and organized program for our students.

(PLEASE PRINT)

SCHOOL NAME:	_____			
ADDRESS:	_____			
	Street	City	State	Zip
COACH/CONTACT Name(s):	_____			
PHONE:	_____		E-MAIL	_____
PRINCIPAL:	_____			
Approximate # of students participating in your "Fit for Bloomsday" program (estimate)?	_____			

Again this year, coaches will be provided with two free T-shirts per school. Schools may purchase additional T-shirts for other staff members, parents, etc., who assist as volunteers for \$8.00 per shirt. Please indicate sizes of shirts on this form, and submit payment by check or money order for any additional shirts you may order. If we do not receive your order before the deadline, we may not be able to provide the shirt(s) you want.

T-SHIRT ORDER FORM (including Coaches' shirts and any additional shirts):

Adult sizes only

Small	Medium	Large	XL	XXL

REMINDER - Bloomsday will provide two shirts free of charge. Any additional shirts ordered must be accompanied by check or money order, payable to "Lilac Bloomsday" for \$8.00 *each*.